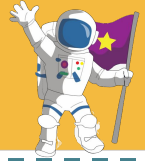


# All STAR POINTS

Click [WONDER PARK ELEMENTARY](#) to view our website [WONDER PARK ELEMENTARY](#)



Hello from Principal  
Christine Irwin &  
Asst. Principal Michael Kage



Hello, Wonderful Wonder Park families!! March is here already and we are getting more daylight. Please make sure your students continue to bring all of their winter gear to school each day. It looks warm when it's sunny, but it can still be very cold. We want to be sure that no one gets frostbite because they were under dressed. We are running out of spare coats, hats, gloves, snow pants and boots to share with students.

Our Student Council would like to have a Multicultural Night. I think this is a great idea and am looking to schedule one for April. If you would like to be on a committee to help plan and organize the event, please send me an email message, [irwin\\_christine@asdk12.org](mailto:irwin_christine@asdk12.org). I haven't ever hosted such an event but am excited to have one here.

We will have an Awards Assembly on Monday, March 20th at 2:45pm in the gym. Teachers will let families know if their student is getting an award by Friday, March 10th so you can come watch, if you'd like. We have a school full of awesome kids and look forward to celebrating a few more this quarter.

School will end at 3:30pm again after Spring Break. We will be finished making up the academic time we lost due to Snow Days on Thursday, March 9. Please plan accordingly for pick-up after Spring Break.



## School Hours

**8:30 am** Front doors open for those eating breakfast only. Others line up at exterior classroom doors.

**8:40 am** Supervision outside begins until 8:55 am.

**8:50 am** Classroom doors open

**9:00 am** Tardy bell rings

**4:00 pm dismissal grs. K-5 until 3/9**

Ms. Katy's PreK has alternate times.



## Absence Hotline!

Please call 337-1569 #1. Give the child's name, reason for absence, and teachers name.



## Important!

Every child needs to know their parents phone number by heart. Phones are in each classroom. We encourage you to make a plan for after school transportation before arrival to save time.

1/30-3/9 extra 30 minutes per day added to school day  
**8:50-4:00 pm**



## March

- 2 Family Night 6-7:30 pm
- 10 Inservice Day/No School
- 13-17 Spring Break
- \*\*Back to normal school hours 8:50-3:30 pm K-5. Check with your preschool teachers\*\***
- 20 Awards Assembly @ 2:45 pm
- 30 Spring and class pictures

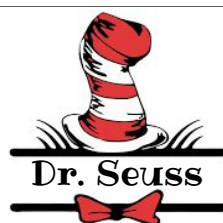
## May

- Field day TBA
- 23 Talent Show
- 24 Last day for students



No school on....

March 10-17  
Inservice & Spring  
Break



## Family Night

March 2nd 6-7:30 pm

\*Book Character Costume contest, light dinner to go, loads of activities, prizes

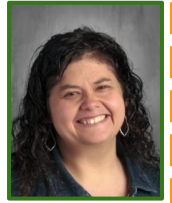
SAY CHEESE!



**Class and Spring pictures:**

Everyone photographed  
\*Pay online TBA

## Counselor's Corner~Addy Esco~ALL STAR COUNSELOR



Hello families!

I hope you all are doing well as we get started with the month of March! Throughout February, classroom lessons focused on the importance of problem-solving skills, recognizing the impact of our choices and the influence that each student has within our school. I remind students often that whether they want to be or not, they are a role model to someone around them and their choices matter. At times it is hard for students to remember this, and they can get caught up in the moment resulting in not-so-great decisions. Those decisions impact more than just them. As we continue to have these conversations and build skills at school, I would encourage you as families to have similar conversations. Ask your child about choices they made, what impact the choices had, how they treated others, and so on. **These conversations matter.**

As families when you talk with your child(ren) about conflicts or disagreements they have with their peers you can remind them of a few of the following things:

- It's ok to not get along or be friends with everyone, but how you handle conflict says a lot about your character.
- You can disagree or not get along with someone without letting everyone else know that you don't like someone.
- Your goal should never be to make someone else feel bad about themselves.
- You can choose to not spend time with someone, but don't intentionally isolate or exclude them from group activities.
- There may be a reason you don't like someone, but don't "recruit" others to not like them.
- Use communication skills to set boundaries and ask for help when issues persist.

The more students hear and see these messages from many adults in their lives the easier it will be for them to develop, practice and use these skills. Respectful and healthy communication are essential to building a strong and positive school climate! If there is any way I can support you in this or other matter please feel free to reach out!

### Anchorage School Board Members

Dave Donley, Pat Higgins,  
Andy Holleman,  
Carl Jacobs, Kelly Lessons,  
Dora Wilson and  
Margo Bellamy as president

### Superintendent

Dr. Jharrett Bryantt

### Business Partners





## 21ST CCLC: ACTING COORDINATOR ELENA BROSSARD

### ~ALL STAR AFTER SCHOOL COMMUNITY LEARNING CENTER COORDINATOR



We are growing some wonderful vegetables, with the help of the Botanical Garden Staff. Club days (Mondays) we are doing origami, cooking, art, games, and school store. We will continue to have program until the end of April, with the exception of Spring Break. Please let me know if you have an questions or concerns  
brossard\_elena@asdk12.org



Congratulations!  
Wonder Park's All Star  
basketball team won the  
season tournament. Way  
to go!

4th and 5th grade  
students perform two  
Readers Theatre skits for  
parents and classes.



## BETWEEN THE LINES IN THE LIBRARY:

KRISTIE BENSON~ALL STAR LIBRARIAN

WE'VE BEEN "READING OUR HEARTS OUT" HERE AT WONDER PARK. EVERYTIME YOUR STUDENT READS A BOOK INDEPENDENTLY, WITH A BUDDY OR WITH AN OLDER READER, THEY GET TO RECORD IT ON THEIR HEART. WHEN THEY COMPLETE 10 BOOKS THEY RETURN THEIR HEART TO ME IN EXCHANGE FOR A BRAG TAG AND A CHANCE TO WIN THE GRAND PRIZE: A TRIP TO BARNES AND NOBLE TO BUY A BOOK OF THEIR CHOICE! SO FAR, **WONDER PARK READERS HAVE READ OVER 550 BOOKS** JUST IN THE MONTH OF FEBRUARY. WAY TO GO READERS!

### HOW READING 20 MINUTES A DAY CAN HELP YOUR CHILD:

HELPS LANGUAGE DEVELOPMENT, PROMOTES BRAIN DEVELOPMENT, REDUCES STRESS, INCREASES READING SKILLS, BUILDS STRONG RELATIONSHIPS, HELPS UNDERSTAND THE WORLD AROUND, AND FOSTERS CREATIVITY



# Nurse's Nook:

## Jennifer Mabry, RN., NCSN-All Star Nurse

### Healthy students make better learners!



# Harvest of the Month

Network for a Healthy California

The Harvest of the Month featured produce is **mandarins**



## Health and Learning Success Go Hand-in-Hand

Did you know a single serving of fruits or vegetables usually costs less than 25 cents? These small costs have big health benefits. Eating a variety of colorful fruits and vegetables and being active every day are healthy habits that can help your child do better in school, feel good, stay healthy, and grow strong. *Harvest of the Month* provides ideas to help your family eat more fruits and vegetables and be more active every day.

### Produce Tips

- Look for plump mandarins that feel heavy for size and have stems still attached.
- Look for mandarins with glossy, deep orange skins. (Some patches of green near the stem are okay to eat.)
- Keep on the counter and use within a few days. Or, store in the refrigerator for up to one week.
- **Helpful Hint:** Mandarins that have a deep orange-red color are called *tangerines*. Other types of mandarins include satsumas, clementines, and tangelos.

### Healthy Serving Ideas

- Serve breakfast with a glass of 100% fruit juice.
- Provide healthy after-school snacks like fresh or canned mandarin slices (packed in 100% fruit juice).
- Dip tangerine segments into lowfat flavored yogurt.
- Add mandarins to green salads.
- Squeeze juice of citrus fruits over chicken and fish to make tender and juicy. Or, use juice to make reduced fat salad dressings.

For more ideas, visit:  
[www.kidsnutrition.org](http://www.kidsnutrition.org)

### ORANGE FREEZE

**Makes 4 servings.**

*1¼ cups per serving.*

**Prep time:** 5 minutes

#### Ingredients:

- 1 cup 100% orange juice
- 10 ice cubes
- 1 cup 1% lowfat or nonfat milk
- 1 teaspoon vanilla extract
- 2 cups drained, canned mandarin oranges

1. Place all ingredients in a blender.
2. Blend for about 30 seconds or until smooth.
3. Pour into four glasses and serve.

#### Nutrition information per serving:

Calories 91, Carbohydrate 18 g, Dietary Fiber 1 g, Protein 2 g, Total Fat 1 g, Saturated Fat 0 g, Trans Fat 0 g, Cholesterol 3 mg, Sodium 33 mg

Adapted from: *Kids...Get Cookin'!*,  
Network for a Healthy California, 2009.

### Let's Get Physical!

Help your child be active and prepare for spring fitness testing with these tips:

- Set a weekly goal for each family member. (Example: Walk 10,000 steps and do stretches every day.)
- Post goals in a highly visible area, such as on the refrigerator.
- Encourage each other to meet goals and set new ones.
- Decide on a "reward" for meeting goals. (Example: family outing or hike).

For more ideas, visit:  
[www.activeca.org](http://www.activeca.org)

### Nutrition Facts

Serving Size: ½ cup tangerine, sections (98g)	
Calories 52	Calories from Fat 0
% Daily Value	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 2mg	0%
Total Carbohydrate 13g	4%
Dietary Fiber 2g	7%
Sugars 10g	
Protein 1g	
Vitamin A 13%	Calcium 4%
Vitamin C 43%	Iron 1%

### How Much Do I Need?

- One medium mandarin orange is about a ½ cup of fruit sections.
- A ½ cup of mandarins is an excellent source of vitamin C and a good source of vitamin A.
- Vitamin C helps the body heal cuts and wounds and helps lower the risk of infection. Vitamin C is found only in plant foods.
- Our bodies do not make or store vitamin C so try to eat foods with vitamin C every day.

The amount of fruits and vegetables that is right for you depends on your age, gender, and physical activity level. Eating a variety of colorful fruits and vegetables can help you stay healthy. Fruits and vegetables come in a variety of forms – fresh, frozen, canned, dried, and 100% juice – and all forms count toward your daily amounts. Find out how much each person in your family needs. Make plans to help your family reach the goal amount.

### Recommended Daily Amount of Fruits and Vegetables\*

	Kids, Ages 5-12	Teens and Adults, Ages 13 and up
<b>Males</b>	2½ - 5 cups per day	4½ - 6½ cups per day
<b>Females</b>	2½ - 5 cups per day	3½ - 5 cups per day

\*If you are active, eat the higher number of cups per day.  
Visit [www.mypyramid.gov](http://www.mypyramid.gov) to learn more.

## The Musical Notes: Mrs. Bustamante~All Star Music Teacher



Welcome to March and the coming of Spring! 🌷🌹🌸☐

We will be busy learning about music in different countries as well as playing the recorder and the Orff instruments (xylophones, etc.). Matching singing pitch is a major goal in first and second grade. Thoughtfully singing often with your child is a great way to connect with them and a great way to prepare for music class.

For students in 3rd - 5th grade we are using the recorder to learn how to read the visual language of music. Please enjoy the link below to the digital recorder book.

<https://www.eemusicclass.com/lessons/display?sc=1&lessonid=268&vid=0&cid=32099&shareloc=PBfsBcn7cigPqte5>

Below is a link to an Irish Dance for St. Patrick's Day - the Rakes of Mallow. Enjoy!

<https://www.eemusicclass.com/view/media?id=9753&shareloc=nfDt5waO4uA8M2B1>



## Around the track with Mr. Mestas and Mrs. Yancey: All Star PE teachers

After five months of hard work and dedication, the Wonder Park Basketball team went to the annual Elementary School Winter Invitational lower division Basketball tournament on February 11th.

We had nine kids show up to play. They played their first game at 9:15 in the morning and their final game at 4:00pm. After seven hours of effort, teamwork, and great sportsmanship they earned first place and came home tournament champions for the first time in Wonder Park history. Congratulations!!!

Badminton Club has started and will continue until April 1st, when all those athletes interested can participate in the Alaska Youth Team Badminton Championships.



In P.E. we are finishing our Climbing unit and our quarter review. Our next unit will start after spring break and it will be Basketball.



**PLAY EVERY DAY**





**Dr. Seuss Family Night**



Book Character Costume contest

**March 2nd  
6-7:30 pm  
Join us to  
celebrate  
Dr. Seuss's  
birthday!**



All students  
photographed  
for class group  
photo and  
individual spring  
pictures. \*Order  
online

March 30th



**Do you have talent?**

We are signing up acts for the  
in-person talent show in May!  
It's as easy as.....complete and  
sign the permission slip,  
audition and participate in the  
dress rehearsal.

The Talent Show will be held  
on May 22nd.

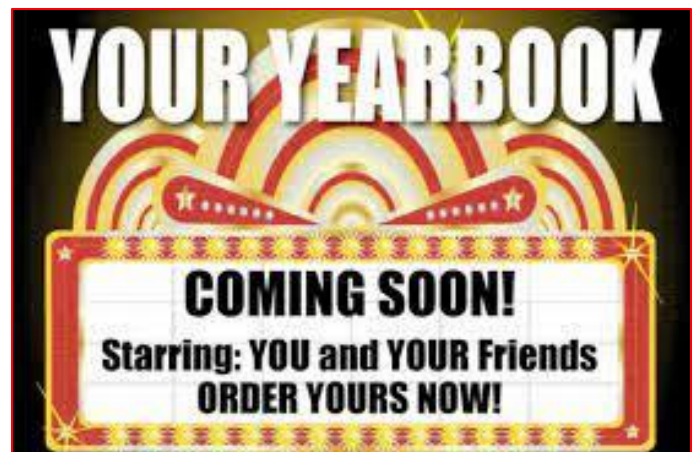
ybpay.com

Yearbook ID code: 111334423

(All pages in color)

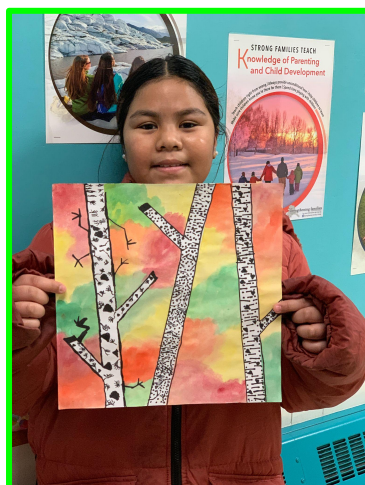
\$15.00

Deadline 3/27/23



### Youth Art Month

Mataniu is one of the  
three chosen from  
Wonder Park to have  
their artwork displayed  
around town. Such  
gorgeous colors and all  
star trees.



Wonder Park shirts and  
hoodies for sale.

Limited sizes available.

Displayed @ family night  
and the front office.

Between \$10-\$35  
depending on style.  
Accepting cash only

You're a STAR!



You're a STAR!

## IN-PERSON “LIVE” TALENT SHOW!

**Who:** Any Wonder Park student(s) who wants to participate or a class participation.

**What:** A time to showcase your talents! With song (to instrumental music), dance, playing an instrument, telling jokes, a short skit, reading poetry that you wrote, magic, gymnastics/karate demonstration, art lesson, cultural traditions like dancing or singing or drumming etc., finished artwork; the list goes on and on, let your imagination soar.

**How many:** You, a group of friends, or your whole class!

**Time:** Act can be no longer than 3 minutes in length. (Any downloading of music and/or karaoke version of music are the responsibility of the participant. All selections must be approved before added to the playlist)

### **When:**

**February/March**–Newsletter article. Start planning what you want to do for an act.

**February/March**–I will visit each class during lunch, hand out permission slips, and answer questions.

**March 3**–Deadline for returning permission slips to Ms. Tami in the office.

**April 3–7**–Auditions during recess. (Name(s) of participants in the group, description of act, music selected and brought to audition. This cannot be changed after audition unless the committee makes the decision)

**May 2–5**–Dress rehearsals during recess. (This is the outfit or props needed for act)

All music **MUST** be approved. That means you must bring the music and lyrics to Ms. Tami before the audition so the committee can approve it. The auditions are going to be fun and stress-free...the school just needs to make sure that your act is school appropriate.

**May 22**–Talent Show

~Ms. Tami and the Talent Show Committee

# TALENT SHOW AGREEMENT

I agree to the time limit of no more than 3 minutes per act.

**IMPORTANT: ALL ACTS MUST BE SCHOOL APPROPRIATE AND IN GOOD TASTE.**

Cooperation, consideration and respect will be expected of all participants. Music must be approved by the committee. Song lyrics are mandatory. Content must be age appropriate and have no violence or sexual innuendos in overtone or undertones. We will not accept clean versions of songs including instrumentals.

**KEEP IN MIND: Auditions and rehearsals are mandatory!** Auditions are just a draft to see that students are working towards an act, and at this time if they want to continue or change anything within it etc. Rehearsals show what students will be wearing and finalizing each act. These will both happen during recess.

As a student I agree to the following conditions. Please check mark the boxes with your parents or guardians.

I agree to show good sportsmanship  
I agree to try my best  
I agree to practice my act  
I agree to auditions and rehearsals

I agree to be professional and use time wisely  
I agree to support my classmates  
I agree to follow the expectations of dates



**RETURN THE BOTTOM PORTION ONLY-----KEEP TOP PORTION FOR THE DATES.**

Print name \_\_\_\_\_ Teacher's name \_\_\_\_\_

Grade \_\_\_\_\_ click either Individual ☐ or group performance ☐ how many in the group \_\_\_\_\_

Names in your group \_\_\_\_\_

Type of act or talent (please describe)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Students Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parents Signature: \_\_\_\_\_ Date: \_\_\_\_\_